



## **Assessment of Geriatric Practice Environment and Nursing Practice as Determinants of Quality of Older Adult Care**

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### **ABSTRACT:**

**Aim:** The main purpose of our research was to investigate the links between the geriatric practice environment, geriatric nursing practice, and quality of patient care for older persons and their families as assessed by nursing professionals when controlling for nurse and facility variables.

**Methods:** Respondents (N = 2,025) from 57 hospitals answered validated questions about the geriatric clinical setting, geriatric nursing practice, general quality of care for older individuals and their families, and nurse and facility demographics. Hierarchical linear modelling was used to test the connections.

**Results:** The geriatric patient population had a favorable connection of large magnitude between both geriatric nursing practice (= 0.53) and overall quality of care (= 0.94); nevertheless, the inverse correlation seen between geriatric practice environment and quality of healthcare, influenced by geriatric nursing practice, was not substantial (= -0.03). With such a root mean square (rms of 0.08, a coefficient of determination index of 0.94, and a Tucker-Lewis index of 0.89, the model-based fit was satisfactory.

**Conclusion:** A great geriatric practice environment that affects geriatric nursing practice overall quality of patient care for older persons and persons in a favorable and direct way, but it will not possibly influence quality of healthcare services indirect through geriatric nursing practice.

**Keywords:** geriatric practice environment, geriatric nursing practice, nurse and facility variables.



GLOBAL HEALTH & MEDICINE

ISSN / eISSN: 2434-9186 / 2434-9194

Volume 08, Issue 06.

<https://ghsjournal.com/>





## INTRODUCTION:

Adults aged 67 and over make up a small proportion of people yet accounted for about half of all hospitalization in Canada. In contrast to significant acute ailments, the majority of older persons taken to the hospital (56 percent – 97 percent) have two or more concomitant chronic problems, making them prone to adverse outcomes such as organ dysfunction [1]. Healthcare practices that limit the activities of older persons (e.g., bed rest) contribute to cognitive dysfunction and concomitant consequences in this clinical setting. Since nurses are the most numerous categories of healthcare workers, the impact that their practice settings and treatment have on the results of elderly patients has received substantial study [2]. To assist choice in identifying significant areas for process improvement, research that enhances knowledge of the processes through which GPE is connected with the overall quality of care for hospitalized older individuals and their families is required. The goal of this research is to examine the links seen between GPE, geriatric nursing practice, and overall quality of care for older persons and their families as evaluated by hospital nurses, while controlling for nurse and facility demographics [3]. The particular goals were to evaluate (a) the direct association among GPE and quality of healthcare, as well as (b) the indirect connection involving GPE and effectiveness of care, as relayed by geriatric nursing practice. The investigation was designed by a theoretical model developed from organizational interactionist perspective, which elucidates the direct and indirect linkages between the GPE, geriatric nursing practice, and quality of care provided. According to the hypothesis, the practicing environment influences nursing practice, which would in turn influences outcomes for patients [4]. The idea was applied to the geriatric nursing practice setting and the treatment of older hospitalized individuals and families in this study. The result was based on nurses' perceptions of patient outcomes for older individuals and their families [5].



## **METHODOLOGY:**

We employed Dalman's customized survey design in this cross-sectional study, which included sending a prenotification letter outlining the project at 1-week intervals, backed by a questionnaire and a postcard congratulating respondents and urging nonrespondents to complete the questionnaire. Nurses who did not reply received up to two notifications, as well as a new questionnaire, 3 to 5 weeks later. A questionnaire with conceptual measures was emailed to a representative selection of nurses working in acute care hospitals in Lahore, Pakistan. The respondents were drawn at random from a list of nurses maintained by the College of Nursing staff of Lahore who revealed work opportunities in the Lahore acute care hospital context and a primary practice area of medicine, surgery, geriatrics, emergency, or critical care, and who consented to the official launch of their address and telephone number for academic purposes. The entry requirements and data collecting processes have already been discussed. Using a principal component factor method of sampling, the sample size was computed with the purpose of calculating the characteristic of the population (taking into account the direct and indirect links among some of the ideas). The qualifying requirements were satisfied by 25,109 nurses. A required sample size of 1,799 was designed to calculate the sample size focused on two latent constructs (GPE and geriatric nursing practice), 15 demonstrable or witnessed variables (overall quality of care, 3 GPE variables, 3 geriatric nursing practice variables, and 7 external factors), with the power (1- $\alpha$ ) set at 0.91 and the significance level ( $\alpha$ ) set at 0.02, and an expectation of a small clear connection (effect size = 0.12) between two factor loadings. Comprehensive quality of care was operationally defined as nurses judging the overall care provided by older individuals and their families at hospitals as successful in improving health outcomes. The Aging-Sensitive Service Delivery Scale, which solicits nurses' perceptions on the extent to which the care that elderly individuals and families obtain at the hospital is scientific proof, geriatric precise, individualized, and ongoing, was used to assess quality of healthcare services; the scale had



Cronbach values ranging from 0.84 to 0.95 in previous research. Unnecessary extra factors were assessed by asking usual questions about nurses' age, greatest degree of nursing curriculum, years of nursing program, and years spent as a nurse in the major or major hospital where they worked.

**Statistical Analysis:** Inferential analysis were used to characterize the sample's average across all variables and to look for deviations from normal and violations of the assumptions underpinning the statistical modelling tests used. Imputation of incomplete data was examined in Stata 15 software to use the maximal estimates technique MLMV options in structural equation modelling.

## RESULTS:

The study comprised 2,025 nurses from 57 institutions, with a median tenure of 12 years (range 1–45). The majority comprised females ( $n = 1,885$ ; 93.7 percent), 47 years old ( $SD = 12$ ), and had a college diploma as their highest educational ( $n = 959$ ; 48.3 percent). Most ( $n = 1,348$ ; 69.5 percent) worked at home in the medical unit ( $n = 648$ ; 33.8 percent), strenuous, critical, or cardiac care unit ( $n = 433$ ; 24 percent), or surgery unit ( $n = 403$ ; 23 percent) of large ( $n = 1,705$ ; 89 percent) nonteaching ( $n = 1,346$ ; 68 percent) hospitals in cities and counties with only a median community of 205,669 (range 1,363–2,504,282). There were no significant deviations from proportionality or infractions of the fundamental assumptions statistical testing. Discrepancies were present in just 9.8 percent of the instances. In order to address missing values, we investigated postulated associations either with or without missing data restoration; the findings did not change significantly, thus we provide outcomes without interpolated data. Cronbach's scores were more than 0.84 for all multi-item measurements. In terms of GPE, nurses felt while below mid-range geriatric resources ( $M = 24.3$ ,  $SD = 7.4$ ), significantly beyond mid-range inter-professional collaboration ( $M = 5.1$ ,  $SD = 0.6$ ), and significantly above mid-range organizational value of older individuals' care ( $M = 36.5$ ,  $SD = 8.5$ ). Nurses recognized relatively low levels of person, family-centered ( $M = 39.2$ ,  $SD = 7.1$ ), and mechanism ( $M = 7.3$ ,  $SD = 0.7$ ) care in geriatric nursing practice.



Respondents evaluated somewhat above-average general quality of care. The research instrument (Table S2) fit well altogether in the first phase (RMSEA = 0.12, CFI = 0.94, and TLI = 0.89). The three manifestation variables (geriatric resources, interdisciplinary cooperation, and organizational value of care for older individuals) unloaded on the GPE latent construct and were acceptable markers of GPE (factor loadings ranging from 0.36 to 0.75; all  $p < 0.002$ ). Furthermore, the three manifested characteristics (hospital care, family-centered care, and mechanism care) were discovered to be suitable predictors of geriatric nursing practice (factor loadings ranging from 0.58 to 0.86; all  $p < 0.002$ ). As a result, in later phases, all visible elements were kept as markers of their corresponding factor loadings. The implicit partnership among GPE and quality of healthcare was still not endorsed, as demonstrated by an elements substantial path coefficient among both geriatric professional nursing and quality of healthcare, an effort that have been made coefficient between GPE and quality of healthcare, and a nonsignificant Sobel laboratory test. The Sobel test yielded the following values:  $a = 0.07$  (path coefficients for GPE geriatric nursing practice),  $sea = 0.001$ ,  $b = -0.34$  (regression analysis for GPE general quality of healthcare),  $seb = 0.51$ , Sobel statistic  $t = -0.67$ ,  $seab = 0.04$ , and  $p = 0.52$ .

**Table 1:**

N=	Age	%
1,885	47	93.7
959	52	69.5
1,348	57	33.8
648	61	68



1,346	67	48.3
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**DISCUSSION:**

To the best of the knowledge, it was the first study to examine the links in between GPE, geriatric nursing practice, and effectiveness of care via the eyes of a random sample of nurses. After adjusting for nurse and hospital variables, the results have provided mixed evidence for the linkages provided in the theoretical framework. Nurses who evaluated their GPE higher inclined to rank general level of healthcare higher [6]. This finding, which itself is consistent with past research, demonstrates that a strong GPE, comprised of inter-professional teamwork, organizational value of older persons' care, and geriatric assets, is connected with patient outcomes for older individuals and their families. The findings, however, show that the association among GPE and overall quality of care is not controlled by geriatric nursing practice [7]. Rather, a good GPE appeared to have a direct impact on geriatric nursing practice, proving the significance of the surroundings towards both nursing practice and overall clinical outcomes. The findings may be used by hospital managers to foster cultures in which older individuals' care is highly regarded and interprofessional teamwork regarding such care is encouraged by geriatric resources. This, in turn, is expected to increase nurses' ability to provide centered care, family-, and characteristic care. Subjects in the Institutions Values of Older People's Care Subscale, for instance, probed into nurses' impressions of how much hospital managers collaborate with them and in identifying priorities for adults' care [8]. In previous research, we identified numerous tactics for administrators to utilize when working together nurses to enhance older persons' care, such as asking nurses' feedback on operational choices that affect older adults' care and encouraging nurses to participate in inter-professional team rounds. We present four possibilities in an attempt to account for factors that may have led to the absence of a partial mediation link among GPE and overall quality of care, communicated by geriatric nursing practice [9].



First, according to Cohen's standards, the size of the direct link that GPE had with geriatric nursing practice and overall quality of care was both large, with standardized predictor variables of 0.53 and 0.93, accordingly [10].

#### **CONCLUSION:**

This report provided some evidence for links proposed in a theoretical framework developed from organizational exchange theory. A strong GPE seems to have a beneficial and direct impact on geriatric nursing practice as well as the quality of healthcare for older persons and persons. A strong GPE, on the other hand, does not appear to increase care quality through geriatric nursing practice. The findings emphasize the significance of building practice settings wherein older individuals' care is highly regarded and co - director around on this care is facilitated by geriatric services. More studies need to be done develop an understanding into which the GPE impacts overall quality of care for older hospitalized persons and their families. Prospective research is required to explore incorporating other health professionals' practices, as well as clients' and families' news stories of nurses' geriatric nursing practice, into the model, testing whether the GPE foretells nurse-sensitive consequences, and determining whether other methodologies to care are more improved structural of geriatric nursing practice and serve as moderators of the partnership among GPE and effectiveness of care.

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